

Walking Around Val Pesarina

VIA DELLE MALGHE - *Malga Rioda* excursion

Departure: *Centro fondo Pian di Casa* (1236 m)

Arrival: Rioda mountain hut (1784 m)

Length: 2 hours and 30

Difficulty: easy

Leave your car in the parking lot of *Centro Fondo Pian di Casa* bar-restaurant and walk along the main *Tamarut* (1258 m). Go along n.205 CAI path which becomes steep with tight bends, to quickly reach an altitude of 1681m at the bottom of the pastures of the HUT that you cross to reach *Casera Rioda* (1784 m). From here it opens an evocative scenery on the Pesarine Dolomites. To return, follow the route in the opposite direction.

MALGA MALINS - MALGA VINADIA GRANDE

Departure: Hotel Pradibosco

Arrival: Hotel Pradibosco

Length: 5 hours and 30 min.

Difficulty: easy

The excursion starts from *Hotel Pradibosco* (1151 m), take n.204 CAI forest track (near the ski lift). Go over the ford on the *Ongara* stream, always continue straight along the *Rio Malino* which you have to wade through three times and you reach a slight slope leading to the pastures of *Malins* Hut. From here you can quickly reach the dairy at the altitude of 1671 m. the building, recently renovated, is used in the period of mountain pasture, from mid-June to mid-September. Here the view sweeps over all the Pesarine Dolomites. Go along the dirt road and turn left at the first crossroad, you will arrive at a large puddle for watering the cattle, enter a basin covered by a picturesque larch wood and after a couple of tight hairpin bends you will reach the saddle (1734 m). From here quickly descend to the *Vinadia Grande* mountain hut, where you can buy typical mountain products. Leaving the building behind you, continue the descent into the pastures covered with rhododendrons and larches. At the first crossroad, proceed to the left to reach the *Vinadiuta meadows*. At the next crossroad, turn right, always following the central track to get to *Rio Malino*, pass it to reach the intersection with the forest track and, in short, you will reach the starting point, *Hotel Pradibosco*.

MALGA IELMA DI SOT DI SOPRA - PIELTINIS - VINADIA GRANDE

Departure: loc. *Cuesta di Sotto*

Arrival: loc. *Cuesta di Sotto*

Length: 6 hours and 30 min.

Difficulty: easy

After passing the village of Pesariis, cross *Arceons* Bridge. Go along n.204 CAI forest track, you will immediately gain altitude, keep left and you arrive at *Casera Palabona*. After two hairpin bends you reach the hut *Ielma di Sotto* (1502 m). In both you can buy dairy products. Go along the dirt road that climbs up to *Forcella Ielma* (1902 m) and then quickly descends to the *Pieltinis* hut also. Continue to the right and you will reach the saddle (1881 m) looking out on the *Vinadia* basin. From here we proceed with the road that cuts the slopes of Mount *Pieltinis*, you arrive at the *Vinadia Grande* hut (1734 m). Go down through the pastures covered with rhododendrons and, at the crossroad, go right and then turn left up to starting point in *Cuesta di Sotto*.

PESARIIS - SELVA DI PIERIA - OSAIS - PESARIIS

Departure: Pesariis

Arrival: Pesariis

Length: 2 hours and 30 min.

Difficulty: easy

The excursion starts from the church square of Pesariis, behind it take the dirt track that leads to the stream *Pesarina*, pass it, turn left and, at the next crossroad, continue right to climb quickly up to a crossroad. Continue straight in the middle of a beech and fir forest and you arrive at the saddle (1098 m). Go down and at the fork, turn left to reach meadows and stables of *Selva di Pieria* where every third Sunday of August is held the traditional "*Festa della Polenta*". From here you can enjoy a magnificent view on the hamlet of *Truia*, *Orias* stables and *Monte Pleros*. Go along a paved road, until you arrive at the bar – restaurant *Osteai* (750 m) and later at the intersection with the main road. Turn left, and proceed to the hamlet of *Osaïs* (717 m) where you can visit the church of *S. Leonardo* with beautiful apsidal frescos (1506) made by *Pietro Fuluto* representing the stories of the Saint. To return to Pesariis continue along the main road or go along the street in front of the church, passing the bridge over the *Pesarina* and retrace the initial stretch of road.

EXCURSION TO THE PILAGN REFUGE

Departure: *loc. Osteai* (750 m)

Arrival: *loc. Osteai*

Length: 4 hours

Difficulty: easy

Leave your car at the parking lot of the bar restaurant in *Osteai*, and go up along the paved street that passes through the typical stables of *Selva di Pieria*. Arriving at the dirt road, n.235 CAI, take the right and, at the next crossroad, straight. Shortly before reaching the end of the forest track, turn to the right and climb to the *Pilagn refuge* (1551 m). This area offers a beautiful panoramic view of the Pesarine Dolomites and most of the hamlets of the valley. For the return, go back along the way of the outward journey.

PRATO - PIERIA - PRADUMBLI WALK

Departure: Prato Carnico

Arrival: Prato Carnico

Length: 2 hours

Difficulty: easy

Leave your car in the small parking lot behind the butcher and haberdashery in *Prato Carnico*. Walk along *Rio Dentro* until the second bridge and then turn left. Go along the path that joins the forest track and descend towards the town of *Pieria*. Stop to admire a collection of dozens of amateur cameras and projectors at the former dairy, now home to the Small Museum of Photography and Cinematography. Arrived at the main road turn right to reach the bridge at the height of the cemetery and cross it. Go up along the paved road up to the first bend from where the path for the village of Pradumbli starts. From here you go up to *Pieria*, along the paved road and, the tourist office, turn right to return to the starting point.

SAFEGUARDED CLIMB of the 50 EXCURSION

Departure: *De Gasperi* refuge (1767 m)

Arrival: *De Gasperi* refuge (1767 m)

Length: 6 hours

Difficulty: experts

Starting from the *De Gasperi* refuge (1767 m), take the Corbellini n.316 CAI path in direction to *Casera Siera*, after a short stretch and past the Rio Bianco scree, the safeguarded climb of the 50 is on the left.

The safeguarded climb is equipped with nails, metal cables and everything needed to climb in total safety. This tour is recommended for experienced climbers. The first section is steep and leads to the summit of *Cima Rio Bianco* (2400 m) and then make a crest traverse to reach the top of *Creton di Culzei* (2458 m). Go down to *Forca dell'Alpino* (2302 m) and take the n.232 CAI path which leads back to the *De Gasperi*.

AVAUSE - PRICO - MEADOW CARNICO - AVAUSE

Departure: *Avausa*

Arrival: *Avausa*

Length: 2 hours

Difficulty: easy walk

This tour goes through small panoramic hamlets and ancient houses (1600-1700), From the church of *Sant'Osvaldo di Avausa* (650 m), towards Prato, take a steeply sloping dirt road and, after 100 meters, cross the stream on the left to get to a lawn that is not always mowed (uncertain path). Head north and, uphill, you reach the wood, where the path is now evident, and after a few turns, leads to the beautiful meadows just below *Prico* (747 m). This village is located in an excellent position overlooking the whole valley. Near the church the asphalted road goes down to *Prato Carnico* (656m): here it is pleasant to wander through the narrow streets, sometimes flanked by important buildings, such as *Palazzo Casali*. From Prato, you can return to *Avausa* by descending from the bell tower (*Tor*) towards the cemetery and then along the main road through the meadows.